

Messages from Maryhill

A Newsletter for Maryhill Manor Families

August, 2019

GREETINGS! I hope you are all enjoying the summer! It is flying by quickly! School supplies are showing up in the stores already and thoughts of harvest are in the minds of many. Another event people are looking forward to in August is the Ransom County Fair. Our activity staff is celebrating Fair Week here at Maryhill with lots of fun activities! There will be a “fair-type” game each day, along with “fair food” at the 2:30 coffee hour, such as apple slices with caramel and mini corn dogs. The week will end with a magic show on Saturday by a magician who is also performing at the Ransom County Fair. We hope the games and food will be a lot of fun and bring back many memories for the residents of days spent at the fair! *** There is a Medicare website that the government maintains for the public called Nursing Home Compare. This website has detailed information about every Medicare- and Medicaid- certified nursing home in the country. We have always been very proud of our ratings on this website. Unfortunately, a staffing report that is required to be submitted to the federal government every quarter was submitted two days late last quarter. We discovered that the star rating for the staffing portion on Nursing Home Compare is moved to a “1” (lowest rating) for the quarter because this report was submitted after the deadline. This means our overall star rating also went down. I am letting you know this so you can be assured that the reason for the “1” is not due to staffing issues or changes, but was simply a paper compliance issue. It is not a true reflection of our current staffing. Our star rating for staffing in the previous quarter was at a “4” and our staffing levels remained the same in the quarter that is now reported as a “1” due to the paper error. We also consistently have a Registered Nurse (RN) on duty every day. If you have any questions about this, please feel free to contact me at any time. *** The summer art program with kids from the community is off to a wonderful start! The kids tie-dyed t-shirts the first week and the residents tie-dyed quilt squares. The residents will be putting the quilt squares together to form a beautiful quilt in the coming weeks. There are two weeks remaining for this program, and kids do not have to attend all dates to participate. The dates left are August 6th and August 13th from 2:45-4:15p.m. We are grateful to the Enderlin Fine Arts Association for their sponsorship of this program. *** Enjoy the rest of the summer!

Respectfully yours, Nancy Farnham, Administrator



Do you have extra produce from your garden? Our residents love the taste of vegetables fresh from the garden, especially cucumbers, tomatoes, and sweet corn! If you have any you'd like to share with us, we'd be very grateful!

Thank You for Your Generous Donations:

Memorials

In Memory of Ethel Cramer: *Lance and Karen Bueling*

In Memory of Florence McMahon: *Gary and Lollie Adair*

Donation

From the Evening Star Homemakers for activities.

NOTE: Equipment projects planned for the future include the replacement of one of our whirlpool tubs and replacement of carpet in the west hallway. If you would like, you can designate memorials or other gifts toward one of these projects.

Art Grant Success Continues

We just submitted our final 12-month “Art for Life” grant report to the North Dakota Council on the Arts. We had many very successful art projects between July 2018 and June 2019. In total, we had 50 different residents who participated in the programs during these 12 months. We had 21 different artists who presented programs or performed during this grant period. There were many wonderful moments of shared experiences between young and old, new learning opportunities for our residents, and the stimulation of warm memories that the art projects brought to the surface to be enjoyed again. Here is just a small sampling:

- When the cloggers were with us, one female resident joined in the dancing and appeared to know the type of steps the dancers were doing. When asked about it, she said, “My Dad used to dance like that all the time in our living room.”
- When we did an old-fashioned Christmas program and sing-along, one resident who has confusion stated, “I can sing these songs because I sang them when I was a child.”
- During one of the intergenerational art activities, the children were paired up with a resident to make cards. One young boy said to his mother afterward, “Look Mom! I helped her (resident) make this card.” His mother then asked him where his card was but he wasn’t concerned about his card at all...he was just very proud that he and the resident had made card together!

We are grateful to the ND Council on the Arts and our local Enderlin Fine Arts Association for sponsoring these events. We are hoping to receive another grant in the next grant cycle, which would begin January 2020. If you have any suggestions for art programs with local artists, please contact Katie Oehlke. Thank you.

“We don’t stop playing because we grow old; we grow old because we stop playing.”

-George Bernard Shaw

August Activity Calendar:

Check out the calendar in the main hallway at Maryhill for more activities.

Here is a sampling of activities happening in August:

August 2 nd	1:30p.m.	Music with Coreen
August 5 th	10:30a.m.	Dice Game
August 6 th	2:45p.m.	Summer Art Program
August 7 th	10:30a.m.	Scenic drive
August 9 th	10:45a.m.	Sing-along and Exercise
August 10 th	6:00p.m.	Stamping craft
August 12 th	10:30a.m.	Story writing group
August 14 th	10:30a.m.	Pictionary
August 15 th	1:30p.m.	Myron Trangsrud entertains and Happy Hour
August 19 th	10:30a.m.	Ladderball
August 19 th	2:00p.m.	Nancy and Rachael - musical entertainment
August 20 th	3:00p.m.	Bean bag toss
August 21 st	2:00p.m.	Duck pond and water fight
August 23 rd	3:00p.m.	Ping pong toss
August 24 th	10:30a.m.	Magic show!
August 28 th	2:00p.m.	Bingo
August 29 th	1:30p.m.	Birthday Bash
August 30 th	6:00p.m.	Baking group
August 31 st	6:00p.m.	Horseshoes

Note: We also have two church services scheduled every week at Maryhill. On Tuesdays at 2:00p.m. there is an ecumenical protestant service led by a rotation of local clergy. On Thursdays at 10:30a.m. we have Catholic Mass led by Father Chris Markman. We are grateful to all the clergy for providing these spiritual services for our residents.



Maryhill Manor

SMP Health System