

Messages from Maryhill

A Newsletter for Maryhill Manor Families

June, 2019

GREETINGS! We had a busy month in May, with lots of fun events happening. We started off the month with our 55th Anniversary Open House on May 1st and had a wonderful turn-out! Thank you to all who came to celebrate with us! This also was the unveiling of the “Hillcrest Manor – Maryhill Manor” display for the Enderlin Museum. If you missed seeing it, you will be able to view it at the museum. We have been privileged to share in the lives of the residents of Maryhill Manor for the last 55 years and feel honored by the opportunity to continue providing care and services in future years. *** As we celebrated National Skilled Nursing Care Week in May with the theme “Live SOULfully,” the residents joined in a special act of kindness. Residents and staff had a bake sale to raise money for Pastor Juwle Nagbe, the Methodist minister in Enderlin and Lisbon. Pastor Juwle fled from Liberia during their civil war in the 90’s and came to the United States in 1997. He serves three churches in our area and comes to Maryhill routinely to provide services for our residents. He was facing deportation the end of March but was granted a temporary stay. As a result of this, he has legal bills and we wanted to do something to help! Residents and staff members (along with some people from the community) baked lots of goodies and we were able to raise \$464 that was given to Pastor Juwle during National Skilled Care Week. As one resident said, "It felt good to be able to do something for him!" *** Several residents enjoyed outings in May to the Missoula Children’s Theatre production and a tour of the Mark Olson farm. A trip to Little Yellowstone for a picnic was rained out, but that didn’t stop us from having an indoor picnic, complete with games of horseshoes and other fun. The residents also made the potato salad for the picnic! And, speaking of potatoes, they came up as the number one “comfort food” when the residents were polled! We responded by celebrating a “potato day” in May with potato soup homemade by the residents and other potato treats! Residents also enjoyed a “spa day” with the chair massages given by a trained massage therapist being the hit of the day! *** It seems as though summer has (finally) arrived! Enjoy the colors and warmth of the season!

Respectfully yours, Nancy Farnham, Administrator



In Our Memories

We extend our sympathy to the families and friends of these special people who had become part of our Maryhill family and have died in the past month. We treasure our memories of them and pray that God will be with their loved ones at this time of loss. We will remember them...

Milton “Ardell” Johnson, 1929-2019

Ethel Cramer, 1927-2019

Florence McMahon, 1918-2019

Excellent and Free Resources on Dementia:

Dementia is a disease that affects many people in our country and can be very difficult for family members to understand as they see their loved ones changing. Teepa Snow is a leading trainer and consultant who provides excellent training for caregivers and family members of those afflicted with the disease. Several staff members at Maryhill have had the good fortune to attend her workshops and hear her tips for caregiving in person. Teepa is very passionate about providing support for those dealing with this disease. Her goal is to help communities, agencies, organizations, professionals, families, and individuals develop the awareness, knowledge, and skills needed to better support and care for someone living with the brain changes of dementia. To that end, she has a number of free videos on YouTube that can be accessed by anyone. We encourage you to google “Teepa Snow youtube” and check out some of her videos. Here are a few topics we think might be of interest to some family members:

- *10 Early Signs of Dementia
- *Stepping into Dementia’s Reality
- *Making Visits Count



June 13th – 19th is National Nursing Assistants' Week
We thank our Resident Assistants (Certified Nurse Aides) for sharing their patience, humor, and caring with our residents and all of us at Maryhill Manor.

Thank You for Your Generous Donations:

Memorials

In Memory of Ethel Cramer: *June Huseby; Nancy, Deon and Brittany Maasjo.*

In Memory of Florence McMahon: *Dolores Lunneborg*

In Memory of Gladys Foss: *Merle and Peggy Foss Family Foundation*

From the Catholic Daughters of the Americas

Donation

NOTE: Equipment projects planned for the future include the replacement of one of our whirlpool tubs and replacement of hallway carpet in the west hallway. If you would like, you can designate memorials or other gifts toward one of these projects.

June Activity Calendar:

		Check out the calendar in the main hallway at Maryhill for more activities.
June 4 th	2:00p.m.	Church service (Protestant pastors from the area do a rotation at Maryhill to provide weekly church services here Tuesday afternoons.)
June 6 th	10:30a.m.	Catholic mass with Father Chris (Mass is held weekly every Thursday)
June 7 th	12:15pm	Vacation Bible School kids here to sing.
June 8 th	6:00p.m.	Corn hole
June 10 th	2:00p.m.	Bingo
June 13 th	1:30p.m.	Birthday Bash with Sylvia Schlagel
June 16 th	2:00p.m.	Luba entertains with her harp. Happy Father's Day!
June 20 th	12:00p.m.	Resident outing to the Redhawks game
June 25 th	6:00p.m.	Jenga
June 27 th	1:30p.m.	Myron Trangsrud and friends entertain



Maryhill Manor

SMP Health System