

Messages from Maryhill

A Newsletter for Maryhill Manor Families

November, 2007

GREETINGS! We have truly been blessed with a beautiful fall! The warm autumn temperatures and blue skies have been very enjoyable! I hope you have been able to spend some time outside. We have been going through our annual inspection process with the N.D. State Health Department and I'm happy to let you know that we did very well. We received five deficiencies and have already addressed them and improved on our processes in those areas. Some of the areas we have been working on include: locked storage of chemicals (this involves locking the shampoos and disinfectants used to clean the tubs whenever there is no one in the room), storage in the kitchen (this included some minor storage issues i.e. ensuring that dishes are fully dry before storing them), table heights to meet individual resident needs (this involves proper table top heights for shorter residents -- you will notice that we have some different tables in the dining room to help with this concern and we are looking at getting additional tables with differing heights). As a result of the inspection, we also rewrote our Notification of Physicians policy to make some of the guidelines more clear for our staff. The one other area affected by the inspection was the use of the bathroom in the porch area. This bathroom does not have a call light in it, so we can no longer let residents use it. All-in-all, with only five of the over 400 regulations that are looked at during the inspection needing to be addressed, we did very well! If you have any questions about any of these issues or the Health Department inspection process, please stop in or give me a call. One piece of fun news I want to report to you is that we have purchased a fireplace and some other pieces of furniture for the living room with the funds that were raised from our dinner last April. The fireplace will be arriving this week, just in time for the colder temperatures! I think many of our residents will enjoy sitting by the fire. Thank you to all of you who supported the spring fundraiser! This month we will be celebrating Thanksgiving. It has been another year full of blessings for me, and you are included in my list! Thank you for entrusting your loved one to our care and for your ongoing support of the staff at Maryhill and the work we do. Happy Thanksgiving! Blessings to you....Nancy Farnham, Administrator



EDUCATION CORNER: Flu Shots are Important!

We are including some information with this newsletter about flu shots. We strongly encourage all residents and staff members to receive flu shots each year. The Centers for Disease Control and Prevention recommends that anyone who wants to reduce their chances of getting the flu get vaccinated. There are certain people that they recommend get the flu vaccine each year. They are either people who are at high risk of having serious flu complications or people who live with or care for those at high risk for serious complications. People who live in nursing homes and other long term care facilities are specifically listed as a population that should get the shot each year. The CDC states: "Among elderly persons living outside chronic-care facilities (such as nursing homes) and those persons with long-term (chronic) medical conditions, the flu shot is 30%-70% effective in preventing hospitalization for pneumonia and influenza. Among elderly nursing home residents, the flu shot is most effective in preventing severe illness, secondary complications, and deaths related to the flu. In this population, the shot can be 50%-60% effective in preventing hospitalization or pneumonia and 80% effective in preventing death from the flu." Please help us encourage your loved one at Maryhill to receive the flu shot this year, and consider getting one for yourself as well! Thank you.



In Our Memories

Our sympathy to the family and friends of Willie Kellerman and Jeanette Lindemann who were part of our Maryhill family and have recently died. We treasure our memories of them and pray that God will be with their families at this time of loss. We will remember them...

Wilbert "Willie" Kellerman 1915-2007
Jeanette Lindemann 1916-2007

For Your Calendars...Feel Free to Join Us Anytime:

November 14th – 1:30 – Trinity Lutheran Church birthday party
November 20th – 2:15 – Second and Third graders present a short play
November 22nd – HAPPY THANKSGIVING
November 27th – 1:00 – Communion Service
November 28th - 1:00 Glenn Douglas entertains
November 29th – 4:00 Red Hat Ladies Gathering



Friday, November 23rd, HOLLY HOUSE BAZAAR at Maryvale Convent (3 miles NW of Valley City).
10am-3pm. The Sisters of Mary of the Presentation put on this event every three years!
Christmas decorations, handmade arts and crafts, gift items, raffle items, and much more.
Lasagna and garlic toast luncheon from 11:00am – 1:00p.m.
Dessert Bar from 2:00-3:00p.m.

PLAN AHEAD to attend...

...Maryhill Manor's Christmas Open House on Saturday, December 1st from 1:30-3:30p.m.

Thank You for Your Generous Donations:

- *From Joel and Lynette Schmitz in memory of Violet Mark
- *From Joel and Lynette Schmitz in memory of Willie Kellerman
- *From Joel and Lynette Schmitz in memory of Jeanette Lindemann

A Way to Recognize a Caregiver:

The ND Long Term Care Association sponsors a Caregiver Award every year. They use this award as a way to honor and recognize people across the state who make a difference in the lives of nursing home residents. Nominations can be submitted by nursing home residents or their families. Nursing home staff members from any department can be nominated and, in addition to the award given to one caregiver, ALL people who are nominated are recognized in a booklet the Association puts together each year. Nominations must be submitted to the Association office by February 15th. If you would like to nominate someone for this recognition, you can pick up nomination forms at Maryhill Manor (they are posted on the bulletin board) or by calling the NDLTCA office at 701-222-0660. Thank you.



Maryhill Manor

Sponsored by Sisters of Mary of the Presentation
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