



Messages from Maryhill

A Newsletter for Maryhill Manor Families

February, 2007

GREETINGS! As I write this, the TV crew from KVLV just left the building after being here for a couple hours this afternoon shooting footage. This is our second venture into commercials for television, with the first time taking place one year ago. Everyone had a lot of fun with the filming and will be interested in seeing the results in a few weeks. We tried to capture on film the normal, caring actions and events that happen at Maryhill every day. As we say in the ad: Maryhill is all about family, friends, and neighbors that have shared a lifetime of memories! When you see the ads, let us know what you think of them!
Blessings to you.....Nancy Farnham, Administrator

EDUCATION CORNER: Long Term Care in North Dakota

The following information was recently compiled by the North Dakota Long Term Care Association. It includes some interesting facts about nursing homes in N.D., trends and predictions for changing demographics, and some general health status information about our state. We hope you find it interesting.

DEMOGRAPHICS

*North Dakota leads the nation with the highest proportion of individuals age 85 and older (2.3%). By 2020, that number will nearly double from 15,289 to 24,258.

*From 2000 to 2015, ND's population is projected to increase only by 1.1%. During this same time, our 65+ population is expected to grow by 36.6%! That's an increase from 95,423 individuals to 130,345 individuals.

AGING WORKFORCE

*In the next 5 years, 25% of our workforce will be at or over retirement age.

*Nursing facilities in the state employ well over 10,000 individuals. Potential retirements represent 2,500 people.

*One out of seven employees are age 60+.

NURSING HOME WORKFORCE

*On the average, it takes 19 weeks to fill a nursing vacancy when an LPN or RN leaves a nursing home. In rural North Dakota it takes 32 weeks on the average and in urban N.D. it takes an average of 9 weeks.

*We have very dedicated individuals that love caring for the elderly. Across the state, 21% of nursing home employees have worked there 5-10 years and 36% have worked there more than 10 years.

SOME NURSING HOME STATISTICS

*There are 692 less nursing home beds available in North Dakota today compared to 10 years ago. This is due to some nursing homes that have closed and others that have decreased their bed size.

*Over $\frac{3}{4}$ (79%) of the residents in nursing homes are 80 years old and over. Over $\frac{1}{3}$ (37%) are 90 or older.

LENGTH OF STAY AND WHERE THEY GO

*When looking at all residents discharged from nursing homes in the state in the 12-month period ending 6/30/06, the average length of stay was 1.1 years.

*Residents admitted in 2006 have an average length of stay of less than 90 days.

*Of the residents discharged from nursing homes in 2006, 25% were discharged to their own homes and another 6% went to a lesser care facility (i.e. basic care, assisted living, or with family).

HEALTH STATUS OF NORTH DAKOTA

*North Dakotans are more obese than the rest of the nation.

*We have very high rates of Alzheimer's disease compared to the rest of the nation.

*Half of North Dakotan's don't always wear their seat belts.

*Alcohol abuse is an issue in our state.

RESIDENT REMINISCINGS...Baking

Lila Schoyen remembers baking with her daughter when she was small. Her daughter would stand on a stool that belonged to Lila when she was just a girl and do all the stirring. They would bake cookies and cakes. When they would bake bread, her daughter would get to make her own buns from the dough. Lila says they never turned out, though, because she liked to play with the dough too long. ☺



In Our Memories

Our sympathies to the families and friends of the following people who were part of our Maryhill family and have recently died. We treasure our memories of them and pray that God will be with their families at this time of loss. We will remember them...

Mary Beth Ekeren, 1943-2006
Adelia "Mickey" Berglund, 1919-2006
Gladys Foss, 1909-2006

Thank You for your Generous Donations:

- *In memory of Gladys Bratland by Keith and Brenda Dick
- *In memory of Gladys Bratland by Tom and Nancy Farnham
- *In memory of Mickey Berglund by Joe and Lynette Schmitz
- *In memory of Mickey Berglund by Tom and Nancy Farnham
- *In memory of Mary Beth Ekeren by Earle and Jane Lean
- *In memory of Mary Beth Ekeren by Harriet Smedshammer
- *In memory of Mary Beth Ekeren by Tom and Nancy Farnham
- *In memory of Mary Beth Ekeren by Ray and Joyce Brown
- *In memory of Mary Beth Ekeren by Betty and Wayne Keinenberger
- *In memory of Gladys Foss by Tom and Nancy Farnham



Happy Valentine's Day!



For Your Calendars...Feel Free to Join Us Anytime:

February 14th, 4p.m. – Harlan Carter's music and Candlelight supper

February 21st, 1:30p.m. – Trinity Birthday Party

February 22nd, 1:30 – Birthday Bash!

Every Tuesday at 1:00 there is an ecumenical church service in the living room.

Every Thursday at 9:30 there is mass in the Family Room.

"Joy is a net of love by which you can catch souls." – Mother Teresa



Maryhill Manor

Sponsored by Sisters of Mary of the Presentation
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