



Messages from Maryhill

A Newsletter for Maryhill Manor Families

September, 2006

GREETINGS! Boy, summer flew by quickly, as usual! You can feel a little hint of fall in the air in the early mornings now and the kids are once again off to school. Autumn will soon be here! Residents from Maryhill have been busy this summer taking outings to some favorite restaurants like Hartley's Café in Fort Ransom, Sheldon's Beef & Ale, and the After U Bar in Alice. The men have been out for drives regularly to check out the crops and there have been a few shopping trips to Lisbon and Valley City, too. In September they will be going to the Bagg Farm near Abercrombie and the Red River Valley Zoo in Fargo. It's good to get out and get some fresh air and a change of scenery every now and then before the snow flies! September 10th is National Grandparents' Day and September 16th is our annual Memory Walk to raise money for the fight against Alzheimer's disease (see more in next article). We'd love to have you join us for both these occasions! Also, just a note on something we could use your help with: There are times we have unmarked clothing that comes through the laundry and it is hard to identify the owner. Please help us by marking any new clothing you bring in with a permanent marker. We ask that you mark it with the full name if possible, as we have several residents with the same initials and some with the same first names. Thank you. Enjoy the rest of summer and the beauty of autumn! Blessings to you.....Nancy Farnham, Administrator

EDUCATION CORNER: MEMORY WALK Sept. 16th

Maryhill Manor is sponsoring our 4th Annual Memory Walk on September 16th beginning at Gillund Field (located close to the Sunflower Plant). Registration will be open from 8:00-9:00a.m. and the walk will start at 9:00a.m. This year's walk will include a one-mile and a two-mile route, giving walkers their choice of distance. Maryhill Manor's staff members know how devastating this disease is, both for the person suffering from the disease and for their family and friends. That is why we are committed to holding this fundraising event to benefit the Alzheimer's Association Minnesota-North Dakota. This year's honorary Chair people for the event are Darlene and Bob Offermann of rural Enderlin. Bob is a victim of this horrible disease and his wife Darlene has been his primary caregiver since the disease began. Darlene says, "It's sad to see what this disease has done to our people-loving, fun-loving Bob. He was only 60 when he got it. Because of it he was no longer able to go dancing, ride motorcycle, horse or snowmobile, or work at his job -- all things that he truly loved. It's a sad, sad disease, not only for the person with it, but for their loved ones as well." Alzheimer's disease is a progressive brain disorder that gradually destroys a person's memory and ability to learn, reason, make judgments, communicate and carry out daily activities. Currently an estimated 4.5 million Americans suffer from the disease. Until Alzheimer's disease is just a memory, the Alzheimer's Association Minnesota-North Dakota will continue to provide help and hope. The mission of the Alzheimer's Association Minnesota-North Dakota is to improve the lives of all impacted individuals through their journey with Alzheimer's and related diseases by providing leadership, support, education, advocacy and research. Funds raised will support programs and services including a 24/7 telephone helpline, support groups and classes for individuals and families, education programs for professional caregivers, one-on-one family care consultations, public advocacy to legislative bodies, and support for promising research into prevention and a cure. If you would like to join in the walk, brochures with contribution sheets are available at Maryhill. Collect donations from family, friends, and neighbors and come to Gillund Field on Saturday, September 16th! If you are unable to join us but would like to support this effort with a contribution, send your donation to Maryhill, attention Lynette or Nancy Farnham. Checks should be written out to the Alzheimer's Association. For more information, contact Lynette or Nancy F. at Maryhill.

"An act of love, a voluntary taking on oneself of some of the pain of the world, increases the courage and love and hope of all." --Dorothy Day

STAFF SPOTLIGHT
National Healthcare Housekeeping Week
September 10th-16th



**Our Housekeeping, Laundry and Maintenance Staff Members
Truly Shine!**

**We thank them for all they do to make Maryhill a beautiful, clean, and
comfortable home!**

Keith Bommersbach
Brittany Anderson
Karen Goulet
Delaine Huseby
Geri Bommersbach

Steve Miller
Julie Dick
Chelsea Hanson
Miranda Lautt

Diann Anderson
Marilyn Ekre
Teri Holland
Beverly Robertson
Bonnie Wellentin



Congratulations to...

- *Robin Larson, pm shift Resident Assistant, on the birth of a baby girl, Adria Christine on Aug. 29th!
- *Missy Sandvig, Medical Secretary, on the birth of a baby boy, Maverick Matthew, on Aug. 31st!

For Your Calendars...Feel Free to Join Us Anytime:

September 7th, 2:00 – Music by Joseph DeMasi
September 14th, 11:30 shopping trip to Lisbon
September 21st, 1:30 Music by Glenn Douglas
September 28th, 2:00 Monthly Birthday Bash with Irene and the ValleyAires
Every Tuesday at 1:00 there is an ecumenical church service in the living room.
Every Thursday at 9:30 there is mass in the Family Room.



Maryhill Manor
Sponsored by Sisters of Mary of the Presentation
110 Hillcrest Drive, Enderlin, ND 58027