



Messages from Maryhill

A Newsletter for Maryhill Manor Families

September, 2005

GREETINGS! School has started and there is a little crispness in the air in the evenings! Friday nights are reserved for high school football in my family, as we cheer on Sam, our high school Senior (how did he get to be a senior so fast?). All these are sure signs that fall is almost here! It has always been my favorite season of the year and I hope you enjoy it, too. We are planning a few more outings for residents in the next month or so, going out as much as we can before the weather turns and that white stuff starts falling out of the sky! I am very happy to report to you that we recently had our annual Life Safety Survey (which looks at general and fire safety issues in the facility) and State Health Department Survey (which looks at resident care and general operation issues in the facility) and that both surveys turned out very well. We have a couple of small items that we are working to improve as a result of the surveys, but the overall results were extremely good. The Health Department surveyors were very complimentary of our staff and our facility. They said we have a very friendly group of staff and that Maryhill has a very calm and relaxed atmosphere. The surveyors told us they could tell that our staff members know the residents well and they saw lots of good interactions going on between them. They also said the 5-way meal plan works well for our residents and adds to the calm atmosphere...they said our residents told them they are happy with it. The surveyors also told us they received no care concerns while they were doing the resident group interview, or in the individual family or resident interviews. We thank you for your support throughout the year and hope that we always live up to your trust. If you should ever have a concern or suggestion, please do not hesitate to talk to me or one of the department coordinators. We always appreciate your input!

Blessings to you...Nancy Farnham, Administrator

Enderlin's 3rd Annual Memory Walk – for the Alzheimer's Association

Maryhill Manor's staff members know how devastating Alzheimer's disease is, not only to the person with the disease but for their family and friends as well! Because of this, Maryhill is organizing Enderlin's 3rd Annual Memory Walk on Saturday, September 17th. The walk will raise awareness and money for the Alzheimer's Association to help those battling this disease. Registration will be open from 8:00a.m until 8:45a.m at Gillund Field and the walk will begin at 9:00a.m. We encourage you to show your support of this cause by collecting contributions and joining us for the walk on the 17th. Olga Skramstad, whose husband Arne is a resident at Maryhill, is this year's honorary chairperson for the event. When asked about the disease's effect on her family, Olga said, "It's overwhelming. It changes your lives entirely. It's tough getting used to making all the decisions alone that you used to make together. Maybe the blessing that has come from it is that it's brought our family that was already close, even closer. It's just an awful disease." Over 16,000 North Dakotans have Alzheimer's disease and it affects one in ten people over the age of 65. Alzheimer's disease is a progressive degenerative disease that attacks the brain and results in impairments in memory, thinking, and behavior. It is the fourth leading cause of death in adults after heart disease, cancer and stroke. The progression of Alzheimer's varies greatly from individual to individual, and can last from three to twenty or more years. Brochures with contribution forms are available at Maryhill Manor and other Enderlin businesses and churches. If you'd like to mail a contribution to Maryhill for the walk, please write the check to the "Alzheimer's Association". Help us take steps to end Alzheimer's! Grab a friend and join the 2-mile walk, non-competitive walk through Enderlin on Saturday, September 17th.

Taking Steps to End Alzheimer's!



Staff Spotlight: Support Services Week

National Healthcare Environmental Services Week
National Healthcare Housekeeping Week
September 11-17th, 2005

**Our Housekeeping, Laundry, and Maintenance staff care about having a clean, comfortable and homey environment for our residents and it shows!
We thank them for “keeping house” for all of us!**

Keith Bommersbach
Julie Dick
Sandy Kelly
Jody Spiekermeier

Diann Anderson
Marilyn Ekre
Melody Puhr
Bonnie Wellentin
Karen Miller

Gerri Bommersbach
Teri Holland
Bev Robertson
Loy Carter



In Our Memories

In the month of August we lost two special people who had become part of our Maryhill family. We hold on to our memories of them and pray that God will be with their families at this time of loss. We will remember them...

Earl Gibbons *1933-2005*

Ethel Fernow *1909-2005*

Thank You for your Generous Donations:

Stella Mennis' family in memory of Stella

Nancy Farnham in memory of Vera Green, Elsie Scharbow, Stella Mennis, Earl Gibbons, and Ethel Fernow

Curt and Marilyn Sorby in memory of Ethel Fernow

Charleen Grothe in memory of Earl Gibbons

Betty Gibbons in memory of Earl Gibbons

For Your Calendars:

September 27th, 2:30p.m. – Bake sale and special entertainment (Joseph DeMasi, one man band, vocals and guitar). In honor of the Feast Day of St. Vincent de Paul, the proceeds from the bake sale will go towards purchasing gifts for people from the community Christmas giving tree. Please join us!

*****Grandparents' Day is September 11th!*****



Maryhill Manor

Sponsored by Sisters of Mary of the Presentation
110 Hillcrest Drive, Enderlin, ND 58027