



Messages from Maryhill

A Newsletter for Maryhill Manor Families

October, 2005

GREETINGS! Happy Fall to you! I love this time of year with the crispness in the air, the crunch of leaves underfoot, and the golden colors that show up in the trees.

We had beautiful weather for the Memory Walk we did for the Alzheimer's Association on September 17th and a great group of people who participated in the walk! The event was a success, with our final count on the amount raised being \$2,529.70 for the Alzheimer's Association! The goal we had set to raise was \$2000, so we were very pleased with the final results. Thank you to everyone who participated by buying a bracelet or a "purple foot", giving a donation, or walking. With all the choices that you have for places to give your donations, we are grateful that you chose to help this cause and support those who are living with Alzheimer's and other dementias and promote research in this area. Thank you. Our residents also had a fun time that weekend during the Sunflower Events. They went downtown to watch the dog show, the Perham Express train came up and gave residents rides, and our own Red Hat group of women rode in the parade in three convertibles. It was a great weekend!

As I write this, we are finishing up our toiletry drive to give to Hurricane Katrina victims. We have an address in Louisiana that we received from the ND Long Term Care Association and will send the toiletries there. This is a small way to help those people who are dealing with overwhelming devastation. Our prayers go out to them.

We are also praying for Geri Riley, who is a Resident Assistant (Certified Nurses Aide) at Maryhill, and her husband Kenny who was diagnosed with lung cancer this summer. We had a bake sale benefit for them on September 27th and raised \$804 to help them deal with the financial strains this illness has brought them. This amount will also be supplemented with \$800 by Thrivent Financial for Lutherans.

I hope you enjoy the beautiful fall weather! Blessings to you...Nancy Farnham, Administrator

Education Corner: More on MEDICARE Part D

The plans for the Medicare D program are beginning to unfold. We recently listened to another telephone conference on this topic and learned more details about this major new program that begins January 1, 2006. CMS On September 23rd, CMS (Centers for Medicare and Medicaid Services) announced the organizations that will be offering plans under the new Medicare Prescription Drug Benefit (part D). There are 18 organizations that will offer plans in North Dakota, with at least one with premiums as low as \$20/month. If you are interested in reviewing what organizations are included, you can go to the following website:

<http://www.cms.hhs.gov/map/map.asp>. At this site, click on North Dakota and you will be given three lists:

1-Stand-alone prescription plan drug organizations, 2-Medicare Advantage Prescription Drug Plan organizations, and 3-Stand-alone Prescription Drug Plans Eligible to receive "auto-enrolled" beneficiaries. The plans will begin marketing themselves to beneficiaries starting October 1st and self-enrollment will begin on November 15th.

Anyone who is eligible for Medicare Part A and/or is enrolled in Medicare Part B is eligible for this new benefit. The "auto-enrolled" beneficiaries will include any of our residents who currently have their prescription drugs paid by the Medicaid program. These people will be given the opportunity to enroll in the program of their choice, but if they do not enroll by December 31st, they will be automatically enrolled in one of the organizations shown on list 3 (referred to above). Beginning on October 13th, Medicare will have a "Medicare Prescription Drug Plan Finder" on their website: **www.medicare.gov**. This website will provide plan costs, drug pricing and pharmacy network information. It will also have a tool to provide ranking of the plan's net costs based on the beneficiary's location, income level, drugs and pharmacy selection. They also have a toll free number that will be active on Oct. 13th that will offer specific information to help people find the drug coverage that best suits their needs. The number is 1-800-633-4227 (or 1-800-MEDICARE). The *Medicare & You 2006* handbook will be mailed out in mid-October and will also have answers to many questions on this new program. Some things to look for that may vary from plan to plan include: what prescription drugs are covered, how much the individual needs to pay, what pharmacies are used, and whether or not they offer more than the standard level of coverage for a higher monthly premium.

Staff Spotlight: National Healthcare Food Service Week

October 3rd-9th

*Our Dietary Staff adds spice to life and shows that they have "good taste" in all they do!
We thank them for providing nourishment for body and soul!*

Marian Anderson
Carmen Bartholomay
Charleen Grothe
Karla Luther

Shirley Anderson
Rebecca Flatt
Darlene Kurtz
Sharon McKay
Karen Wynkoop

Vicki Andvik
Wendy Flatt
Sharon Lutt
Jackie Thomas



In Our Memories

In the month of September we lost a special person who had become part of our Maryhill family. We hold on to our memories of him and pray that God will be with his family at this time of loss. We will remember him...

Clifford Arnt 1918-2005

Thank You for your Generous Donations:

Sharon Lutt in memory of Clifford Arnt

Outpatient Therapy Coming Soon:

We have been fortunate to work with an excellent group of therapists for many years. These therapists are employed by MobilityPlus Rehabilitation, Ltd. and we contract for their services through that company. We are now working with MobilityPlus to bring outpatient therapy services to our community. We anticipate that these services will be available before the end of October. Physical, occupational, and speech therapy services will all be available at Maryhill to members of our community. This is a "win-win" situation for all involved: it will bring a new service to our community, making it possible for area people to receive outpatient therapy treatments without having to drive to Fargo or other towns for care, and it will enhance the services we can provide to our residents at Maryhill by increasing the time the therapists are in the building. We also will be adding some new equipment that will be available for use by our residents as well as community people using the service. Watch for more information on this service in the local media soon.

For Your Calendars: Feel free to join us anytime!

October 6th – 1:30p.m. Enjoy the musical stylings of Glenn Douglas

October 12th – 2:00p.m. Come and join in the fun with music by Joseph DeMasi

October 13th – 12:45p.m. Bingo with the women of First Lutheran Church

October 26th – 1:30p.m. Cake for everyone provided in honor Or Ervin Opskar's birthday by his family.

"The years teach much which the days never knew." Ralph Waldo Emerson



Maryhill Manor

Sponsored by Sisters of Mary of the Presentation

110 Hillcrest Drive, Enderlin, ND 58027