



Messages from Maryhill

A Newsletter for Maryhill Manor Families

July, 2005

GREETINGS! Happy Summer to you! In-between the rainstorms we've enjoyed a few gorgeous summer days! I hope your timing's been right and you've been able to get out and enjoy them! Thank you to those of you who supported our "Relay for Life" team with a donation or purchase of a candle or cancer awareness bracelet, or by attending the event. We had a great time and the event raised over \$36,000 for cancer research! By the time you receive this newsletter, the planting of more flowers and bushes will have taken place around our grounds. We received a donation from Clayton Baasch's family that was used for flowers around the flagpole and peony bushes near the front of the building. We also participated in a program by Thrivent Financial for Lutherans called "Join Hands Day" and had a 4-H group team up with our residents to plant bushes. Thrivent donated \$250 for this project. These donations provide the means to add some beauty to our grounds that can be enjoyed by everyone! Thank you! Also, if you have not been out in our courtyard yet this summer, be sure to stop out. It's a beautiful, sheltered spot to enjoy the outdoors. And when you're out there, walk around and take a look at the different statues in the yard. They represent all stages of life from infancy, childhood, young adulthood, and late life. Enjoy the summer and, if you have vacation plans that will bring you to Enderlin, stop in anytime....the coffee and lemonade is always ready for you!

- Blessings to you...Nancy Farnham, Administrator

Education Corner: **MEDICARE Part D and Therapeutic Recreation**

MEDICARE Part D: A new prescription drug program through Medicare will begin January 1, 2006. Anyone who is eligible for this benefit will be receiving information in the mail regarding the plan. For our residents who currently have their prescription drugs covered by the Medicaid program, a change will occur January 1st and payment for their prescription drugs will then be covered through the Medicare D program. Anyone currently on Medicaid will have the opportunity to select the plan of their choice for the Medicare drug benefit. If they do not enroll in a plan, they will be auto-enrolled into a plan effective January 1st. We have been assured that no current Medicaid beneficiary will go without coverage during this transition. Please watch for information about this new program in your mail and let us know if you have questions.

Therapeutic Recreation: Each year National Therapeutic Recreation Week is held to help make the public aware of therapeutic recreation services. Therapeutic recreation uses treatment, education, and recreation services to help people with illnesses, disabilities, and other conditions to develop and use their leisure in ways that enhance their health, functional abilities, independence, and quality of life. We utilize many elements of therapeutic recreation in several programs we have at Maryhill. There is a busy therapy room at Maryhill Manor where the residents do many different activities. A physical therapist and occupational therapist come to the facility throughout the week when needed, providing a variety of therapeutic activities to help people reach and maintain their highest level of physical functioning. Most recently a speech pathologist has also been added and is available daily as needed. In addition, two restorative care aides help residents continue the different exercises they have learned after they are done with their therapy. The restorative care aides help with many different exercises such as range of motion of the arms and legs, strengthening, walking, using pulleys, riding bike, stacking cups, working on balance, lifting weights, doing stretches, etc...just to name a few! Another important part of meeting people's therapeutic recreation needs is done by our activities department. The case managers and activities staff find out background information on people when they move in to Maryhill, including family information, interests and hobbies, spiritual beliefs and religious affiliations, and past/current social group or organization participation. Using this information, they design activities that will be of interest to our residents and encourage them to keep active and involved. A couple recent examples are the "wedding reception" which was held to celebrate the marriages of all our residents. This encouraged a lot of reminiscing and was greatly enjoyed by many! Another example is a group of women who have begun meeting and decided they would like to make "Tomato Aspic". Most staff members had never made that dish before and many had never heard of it, so it was an opportunity for residents to be the teachers. The Tomato Aspic looked beautiful and tasted great!

Resident Reminiscings: Weddings! Memories are Made of This!

Summer is a popular time for weddings. On June 22nd there was a wedding reception held for all the residents at Maryhill Manor to reminisce about their own weddings. There was special music provided by Glenn Douglas and everyone had a wonderful time! After visiting with a few residents they had the following to say:

Anna Green: "I guess my wedding was an early Christmas present". Anna married Carl Green on December 7th, 1944 in Minneapolis, Minnesota.

Ruth Solberg: Ruth had an eventful month when it comes to weddings. She recently attended her granddaughter's wedding that she said was a "great time". She also received two-dozen red roses from her family to celebrate what would have been her and her husband Joel's 72nd wedding anniversary on June 14th.

Virgie Kaspari: Virgie married Lawrence Kaspari in November and she had the following to say, "It was a beautiful day and it was nice enough out that after the wedding we drove around Sheldon on the top of a hard top car."

Staff Spotlight:

Our Great Case Managers and Activities Staff National Therapeutic Recreation Week, July 10th-16th "Making Life a Celebration"

Thank you to our case managers and activities staff who help keep life interesting and fun!

Phyllis Barnick

Candy Lund

Agnes Ourenhagen

Deb Jordet



In Our Memories

In the month of June we lost several special women who had become part of our Maryhill family. We hold on to our memories of them and pray that God will be with their families at this time of loss. We will remember them...

Vera Green 1921 – 2005

Elsie Scharbow 1917-2005

Stella Mennis 1919-2005

Thank You for your Generous Donations:

In memory of Vera Green given by Agnes Ourenhagen

In memory of Kenneth Johnson given by Agnes Ourenhagen

In memory of Elsie Scharbow given by Anna Mae Bunn

In honor of Clayton Baasch given by his family

Thrivent Financial for Lutherans

Have a Happy and Safe 4th of July!



Maryhill Manor

Sponsored by Sisters of Mary of the Presentation
110 Hillcrest Drive, Enderlin, ND 58027