

Messages from Maryhill

A Newsletter for Maryhill Manor Families

May, 2011

GREETINGS! It is beginning to feel like we've made it through the flood threats in our area and maybe we'll have some nice spring weather coming our way soon. The nursing homes in our state had done a lot of planning for evacuations and "worst case scenarios" with the flood projections, but we are happy that very few have had to evacuate and the water is beginning to go down everywhere. Hopefully we will have some nice spring weather in the month ahead! *** May is National Older American's Month and the week beginning on Mother's Day is National Nursing Home Week! The theme for Nursing Home Week this year is "Fulfilling the Promise." This theme is all about living life to its fullest potential! Everyone is familiar with the necessities of health care, such as medical treatments, medications, nursing care, therapies and nutrition. What distinguishes long term care from other health care settings is that we focus on caring for the whole person. This is seen whenever our staff members give comfort and hugs to residents on difficult days, share friendships to lighten their days and celebrate good times, foster confidence when they are in doubt, and offer companionship to support them through fears and loneliness. Our care philosophy at Maryhill focuses on getting to know each individual and providing care for them in a manner that supports their needs and wishes with dignity and respect. We hope that you will celebrate with us during this special month! *** Peace and Joy....Nancy Farnham, Administrator

OLDER AMERICAN'S MONTH

Aging can be difficult at times as we face the many changes and challenges that come with it. As we age, it is important to remember that even though our physical appearance changes, our spirit does not. Some people in their 70s, 80s and 90s are much younger than some people in their 20s or 30s! It all comes down to one thing and that is our outlook on life. Everybody is looking for the fountain of youth, but what they often are unaware of is that the fountain of youth can be found by simply looking within oneself.

Always remember, we are never too old to realize a new goal or dream. Also we must realize, just because someone is older or lives in a nursing home, it does not mean that they have nothing left to offer to society or are incapable of accomplishing great things in their remaining years. Here are some "thoughts on aging" to inspire and celebrate life as an older adult:

***"The longer I live, the more beautiful life becomes."* -Frank Lloyd Wright**

"Beautiful young people are accidents of nature. But beautiful old people are works of art."
- Eleanor Roosevelt

"To be 70 years young is sometimes far more cheerful and hopeful than to be 40 years old."
- Oliver Wendell Holmes

***"Age is whatever you think it is. You are as old as you think you are."* Muhammad Ali**

"To keep the heart unwrinkled, to be hopeful, kindly, cheerful, reverent – that is to triumph over old age." -Thomas B. Aldrich



In Our Memories

Our sympathy to the families and friends of these special people who had become part of our Maryhill family and have recently died. We treasure our memories of them and pray that God will be with their families at this time of loss. We will remember them...

Shirley Carbno, 1934-2011

Roy Bonde, 1916-2011

Victor Moore, 1922-2011

BUILDING PROJECT UPDATE:

Construction Plan Update:

*We have received word back from the Health Department following their review of our plans and they had just a few comments. The architectural firm will be responding to those comments in the next few days and then we will be ready to proceed with construction.

*Construction bid invitations are currently in the newspapers with a final bid date of May 17th.

*Construction is planned to begin right after Memorial Day.

Fundraising update:

*We had our annual fundraising “tour of tables” dinner on April 28th and once again had a sold out crowd! The tables were wonderfully decorated, with a wide variety of styles. There were tables that fit all the following descriptions: elegant, whimsical, historical, entertaining, lovely, formal, fun, far out, cool, groovy, imaginative, and futuristic! Thank you to our table sponsors who made this event such a success and to everyone who joined us for this fun night! We raised over \$2,000 for the building project with this event and these funds will be matched by the Otto Bremer Foundation grant we recently received.

*The Activity, Social Services, and Business Office staff’s raffle tickets are available through May. The prizes include a night at the Comfort Suites in Fargo, a \$50 gift certificate to Maple Valley Meats and a \$50 gift certificate to Shop’n Fuel. The raffle also includes a handmade quilt donated by the Trinity Lutheran Church quilters. Raffle tickets are available for \$1 each or 6 for \$5. The winning tickets will be drawn on June 25th.

Thank You for Your Generous Donations:

In memory of Willmor Johnson

Jackie Thomas

Ruth Circle from Trinity Lutheran Church

Sheldon Legion Auxiliary in memory of Lorraine Black

For the Building Project:

D’s Deer Stand

St. Mary’s Altar Society

Steve and Roxy Schmitz in memory of Lou Oglesby

Susan and Wilbur Schlecht

Larry and Claudia Rolph

Activities at Maryhill...Join Us Anytime

Below are some of the routine activities we have scheduled at Maryhill. Feel free to join us!

Daily: Devotions, local news update, and exercises at 11:30a.m.

Bingo: Monday, Wednesday, and Fridays at 2:00p.m.

Church: Protestant services on Tuesdays at 2:00p.m. and Catholic Mass on Thursdays at 9:30a.m.

Coffee hour: Daily at 2:30p.m.

Movie and popcorn: Saturday afternoons

May is Older American’s Month! Let’s Celebrate!

Following are some special events scheduled in the month of May:

May 8th – 10:30a.m. Sunday School children from First Lutheran will present a skit and sing.

May 9th – 1:30p.m. Tropical party with special entertainment by David Herzog and his island drums! David is an Enderlin native who is returning to his hometown to provide this entertainment.

May 17th – Syttende Mai celebration

May 19th – 1:30p.m. Glenn Douglas will entertain us.

May 26th – 1:30p.m. Monthly Birthday Bash with Irene and the Valleyaires

May 30th – 10:30a.m. VFW Ceremony



Maryhill Manor

Sponsored by Sisters of Mary of the Presentation

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